

Brief Bio

Amy Ruben, LPC, NCC is a Clinical Care Manager at Beacon Health Options with 20 years' experience in Managed Care. She is a Licensed Professional Counselor and holds a National Certification from NBCC. She has worked with complex co-morbid medical and behavioral health cases and currently acts as Liaison with CHN CT as part of the co-management team. She completed her graduation work at University of Southern CT and received a master's in counseling with a clinical focus in community counseling

Erika Sharillo, LCSW is the Senior Vice President for Clinical Operations and Recovery at Beacon Health Options for the Connecticut Behavioral Health Partnership and is a licensed clinical social worker. She specializes in adolescent substance use disorders, utilization management and special population Intensive Case Management and Peer support services. She completed her Master of Social Work at the University of Connecticut and completed her clinical training in both community and residential treatment centers.



Elizabeth Garrigan, LPC, Statewide Program Director, ACCESS Mental Health CT

Beth is a licensed professional counselor specializing in child and adolescent mental health. Her direct clinical experience ranges from outpatient therapy to intensive residential care, including several years working with children with Autism Spectrum Disorder as well as youth with complex trauma. Beth joined Beacon Health Options in September 2007 and was promoted to Director of ACCESS Mental Health CT in December 2013. For the past six years, Beth has been a key leader in the success of this program beginning with program startup, launch, and now wrapping up the program's sixth full operating year. As the program's Director, she supports Hub team operations; leads monthly Hub team and quarterly PCP advisory group meetings. She ensures contract compliance by performing site visits and on-going monitoring of Hub productivity including utilization, follow up, and adherence to program requirements. All of which help inform her as one of the principal writers of the program's report deliverables. Beth's passion for children's Behavioral Health and Recovery is always paramount in her work.